



Expectations

Mendenhall Middle School Healthful Living Department

Welcome to Physical Education and Health at Mendenhall Middle School. We are committed to creating a safe learning environment where students will grow in their skills, abilities, and knowledge about the importance of leading a healthy, active lifestyle.

Program Goal: When students leave the MMS Physical Education program they will be equipped with the knowledge, skills, and abilities needed to make informed decisions that affect their mental, social, physical, and emotional well-being, allowing them to lead a healthy, physically active lifestyle for the remainder of their life.

Daily PE Grade

Each day you will earn a participation grade worth up to 20 points, totalling 100 points for the week.

Each week you will turn in an Activity Log worth up to 100 points.

These 2 grades are averaged together for your PE grade.

Physical Education Department

Coach McGraw

Coach Rogers

Please feel free to contact us

rogersm@gcsnc.com

mcgrawm@gcsnc.com



Classroom Expectations

S— Safety First: Be aware of your surroundings and demonstrate self control

C— Cooperation: Always use kind and encouraging words and actions

O— On Task: Participate in all activities to the best of your ability and follow directions the first time given

R— Respect: Take pride in yourself, others, and the equipment

E— Expect Excellence: Always do your BEST!



Consequences

Warning

Time away from activity, conference with teacher, loss of points

Phone call to parent/guardian

Office Referral

General Information and Procedures

- Students should not bring any valuable items to class
- Students will have the option to participate in Family

Life taught by Mrs. McLean. A letter with information and dates will be sent home in homeroom.



- If a student cannot participate in PE class please send a written note or doctor's note excusing their participation. Written work will be assigned to make up the days missed.